

































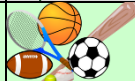













































Physical Education Long Term Plan



	Autumn		Spring		Summer		
R	 Real PE - Unit 1	 Dance - Nursery Rhymes	 Real PE - Unit 2	 Gymnastics	 Real PE - Unit 3	 Multi-Skills (Athletics)	
1	 Gymnastics	 Dance - The Great Fire of London / Space	 Dance - Pirates	 Gymnastics	 Parachute Games	 Multi-Skills (Athletics)	
	 Balance and Movement	 Throwing and Catching	 Movement for Games	 Invasion	 Multi-Skills (Athletics)	 Striking	
2	 Gymnastics	 Dance - The Gunpowder Plot	 Dance - Fairy tales / Sports Jam	 Gymnastics	 Net and Wall	 Multi-Skills (Athletics)	
	 Balance and Movement	 Throwing and Catching	 Movement for Games	 Invasion	 Multi-Skills (Athletics)	 Striking and Fielding	
3	 Gymnastics	 Dance - Irish / Flamenco	 Dance - Disco	 Gymnastics	 Tennis	 Athletics	
	 Swimming	 Swimming	 Football	 OAA	 Handball	 Striking and Fielding	
4	 Gymnastics	 Dance - Electricity	 Dance - Samba / Latin	 Gymnastics	 Tennis	 Athletics	
	 Hockey	 Football	 Tag Rugby	 OAA	 Volleyball	 Striking and Fielding	
5	 Gymnastics	 Dance - Hip Hop	 Dance - Jive / Broadway	 Gymnastics	 Cricket	 Athletics	
	 Hockey	 Football	 Tag Rugby	 OAA	 Netball	 Rounders	
6	 Gymnastics	 Dance - Charleston	 Dance - Bollywood / Bhangra	 Gymnastics	 Cricket	 Athletics	
	 Hockey	 Football	 Tag Rugby	 OAA	 Netball	 Rounders	

