

Primary Spring/Summer 2019 Menu

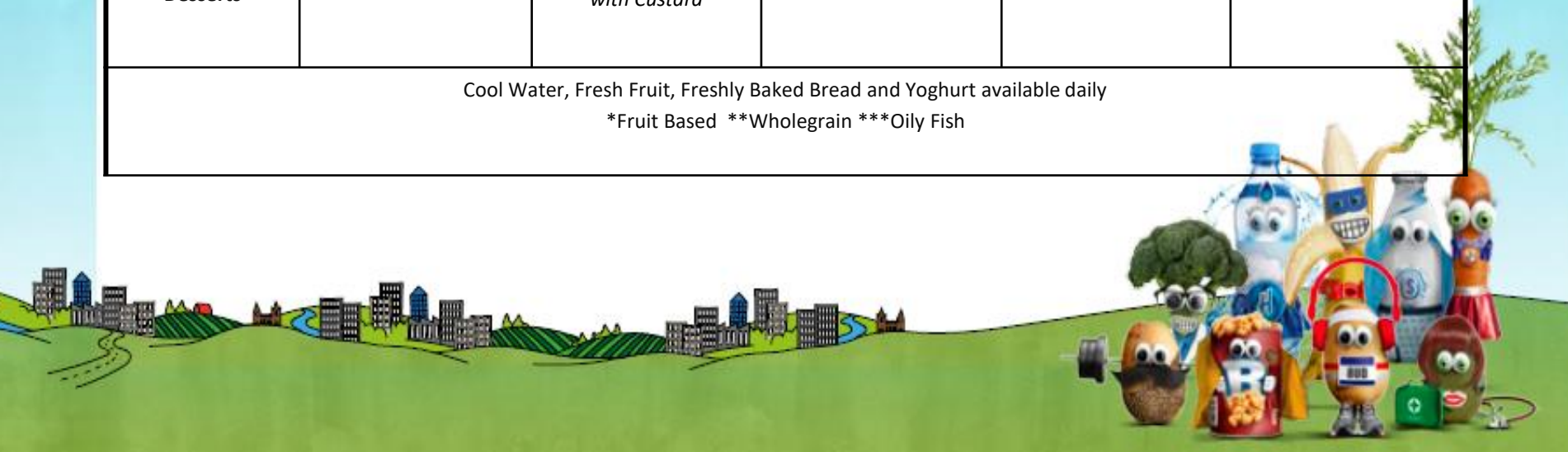
Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	Chicken, Pea & Potato Bake	Roast Gammon <i>with Roast Potatoes and Gravy</i>	BBQ Beef Meatballs <i>served with Pasta **</i>	Salmon Fish Fingers *** <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Chinese Style Veggie Rice	Vegetable Pasta Bolognese **	Sweet Potato and Chickpea Roast <i>with Roast Potatoes and Gravy</i>	Sweetcorn Tortilla Pie <i>(layered tortilla bake) with Rice **</i>	Veggie Hotdog <i>with Chips</i>
Vegetables	Broccoli Sweetcorn	Green Beans Mediterranean Vegetables	Carrots Cabbage	Peas Seasonal Vegetables	Sweetcorn Baked Beans
Desserts	Mango Frozen Yoghurt	Pear Upside Down Cake * <i>with Custard</i>	Flapjack <i>with Fruit Slices *</i>	Brownie Cake	Berry Chill

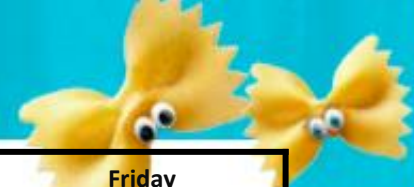
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



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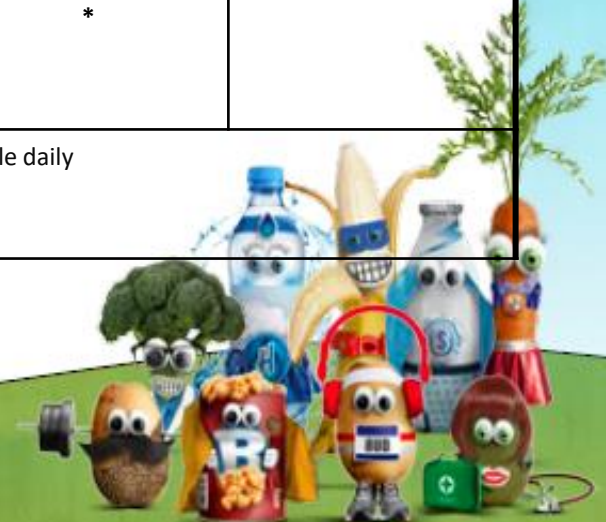
Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	BBQ Quorn Burger with Jacket Wedges	Pork Sausages with Creamed Potato	Roast Turkey with Roast Potatoes and Gravy	Pasta Bolognese **	Crispy Fish & Chips Crispy Battered Pollock with Chips
Alternative Dish	Mediterranean Tart (pastry) with Pesto Pasta	Vegetarian Sausages with Creamed Potato	Cauliflower and Creamed Corn Bake with Roast Potatoes	Mild Chickpea Curry with Rice **	Baked Bean and Cheese Quesadilla (folded tortilla wrap) with Chips
Vegetables	Crunchy Coleslaw Peas	Roasted Peppers and Sweetcorn Baked Beans	Cabbage Carrots	Broccoli Sweetcorn	Peas Tomato and Cucumber Salad
Desserts	Chocolate Sponge Cake with Custard	Strawberry Sponge Swirl	Oatie Biscuit with Fruit Slices *	Apple & Carrot Slice *	Cheese and Biscuits

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Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mac 'N' Cheese <i>Macaroni Cheese</i>	Chicken and Sweetcorn Pizza ** <i>with Jacket Wedges</i>	Roast Pork <i>with Roast Potatoes and Gravy</i>	Chinese Chicken Rice	Golden Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Vegetable Korma <i>with Rice **</i>	Cheesy Bubble & Squeak	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Creamy Pesto Pasta	Sweet Potato & Chickpea Burger <i>with Chips</i>
Vegetables	Broccoli Carrots	Peas Mediterranean Vegetables	Carrots Cabbage	Roasted Summer Vegetable Medley Sweetcorn	Baked Beans Peas
Desserts	Peach Slice	Lemon Drizzle Cake	Blueberry Frozen Yoghurt	Apple and Berry Crumble * <i>with Custard</i>	Chocolate Shortbread <i>with Fruit Slices *</i>

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